

# *Life Saving Award*

*September 20, 2021*

The San Pablo Police Department is proud to present this Life Saving Award to the following individual:

## *Officer Gilbert Troche III*

This Commendation is being awarded for the following outstanding performance:

On August 15, 2021, Officer Troche was off-duty when he stopped to help a mother in Livermore, CA with her baby who appeared to be choking on the side of the freeway. Officer Troche was on his way home from the movie theater with his family, when they came across a woman on the side of the road crying hysterically. She was holding her baby against her shoulder and he recognized something was terribly wrong.

Officer Troche pulled over, approached the woman who then handed her baby over to him. He noticed the baby's cheeks were getting blue. He determined the baby was choking and began with some back thrusts while he instructed the mom to do a finger sweep to attempt to clear the baby's airway. He then instructed his family to call 911. After two to three minutes, the baby coughed, threw up and began to cry.

Throughout the entire incident, Officer Troche remained calm and collected. Officer Troche is commended for his quick thinking and decisive action as this incident unfolded in front of him. Without his decisive intervention, the infant would likely have suffered a catastrophe. His life-saving actions are nothing short of heroic. For this reason, Officer Gilbert Troche is recognized with a 2021 Life Saving Award.

We would like to personally thank Gilbert and his efforts recognized through this Departmental Life Saving Award. The hard work and dedication by him exemplify the tenets of our Department's mission of "Dedicated to Providing Exception Police Service".

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***Ron P. Raman***  
*Chief of Police*



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***Elizabeth Pabon-Alvarado***  
*Mayor*

