SAN PABLO ANNUAL COMMUNITY GRANT PROGRAM FY 2018-19 FINANCIAL REPORT

Please provide a brief description of how the FY 2018-19 grant was used including program events and any activities that were implemented. Use the following questions as a guideline to complete this report. You may include no more than four (4) additional pages to this report. Only one (1) set is required as staff will make necessary copies. DO NOT INCLUDE ANY CONFIDENTIAL INFORMATION, (e.g. Social Security Numbers, Bank Account, etc.) THIS IS A PUBLIC DOCUMENT

I. CONTACT INFORMATION

I. CONTACT INFORMATIO	10 m					
Agency Name	Weigh of Life					
Street Address	968 23rd Street					
City/State/Zip Code	Richmond, Ca 94804	Richmond, Ca 94804				
Phone/Fax/Email	510-821-3170					
Contact Person/Title	Ruth Vasquez-Jones, Executive Director					
Community Activity/Event Name	Helms Zumba Classes-Healthy Eating, Active Living					
Date of Event(s)	September 2018 to June 2019					
Amount of grant funding received:	\$5000.00					
Amount of grant funding spent:	\$5000.00					
Summary of sponsored event participants	Age range: 16 to 89 # of San Pablo Residents: 35					
	Target # of people served:	Actual # of people served:				
	40/class	25/class				
	Target goal:	Actual goal:				
	Provide one hour of Zumba classes 3 days	We provided Zumba Classes				
	a week, weekly nutrition class, interactive	Nutrition Classes, weekly weigh in				
	Child care.	Interactive Child care				

II. PROGRAM AND EVENT INFORMATION

The Annual San Pablo Community Foundation Grant program is intended to focus on grant awards that promote any of the recommended activities, policies or programs identified in the recently adopted *City of San Pablo Childhood Obesity Prevention Task Force: Community Action Plan* adopted by the San Pablo City Council on April 21, 2014. A copy of this plan may be referenced from the City's website (www.SanPabloCA.gov), under the "City Council" Department webpage. Please describe where and how your program or event falls in one or more categories:

Our program at Helms Middle School falls into two categories

Priority 1 - offer free and reduced cost nutrition and cooking classes. Weigh of Life offers weekly nutrition classes and cooking demos

Priority 2 - offer free and reduced cost programs and classes for all ages- We offer multi discipline exercise classes and active play for all ages.

The grant awards should also focus on enhancing or promoting any of the "Major Policy Goals and/or Strategic Policy Initiative" identified under the San Pablo Adopted FY 2018-21 Priority Workplan Update, effective November 1, 2017. A copy of this plan may be referenced from the City's website (www.SanPabloCA.gov), under the "City Council" Department webpage. Please describe where and how your program or event falls in one or more categories:

Weigh of Life promote the City of San Pablo's Healthy Eating Active Living by offering low cost exercise classes and child

We offer a mini-nutrition class and have fresh fruit available for healthy snacks.

<u>Please provide a description of the program(s), event(s) and/activity, including date(s). If you were not able to complete or achieve the goals outlined on your grant application please provide a brief explanation:</u>

During the school year from September 2018 to June 2019 Weigh of Life provides a one hour exercise Zumba class three days a week. We provide a weekly nutrition class and weigh-ins. We also make sure that we have and interactive healthy play at our child watch program.

<u>Please provide financial information on how the grant funds were used and the number of San Pablo residents</u> the program/event/activity serviced (requirement of at least 75% San Pablo Residents)

Weigh of Life is located in the city of San Pablo. 90% of our participants are from San Pablo. We also get participants from the City of Richmond, Pinole and Hercules. Weigh of Life maintains a cost efficient program and we are always looking at additional styles and types of Exercises that can benefit our students. Weigh of Life main costs are staff salaries which include our instructors, day care workers and administrator who runs all programing. We also pay rent to School District.

III. PROGRAM/EVENT ATTACHMENTS Please include any applicable supplemental documents not limited to: financial spreadsheet, revenues vs.
expenses, invoices, stories, program agenda, etc. (Limited to ONLY four (4) pages – size 8 1/2" x 11" – single sheets)
Page 1 description WCCUSD Invoice for rent at Helms Middle School
Page 2 description Budget 2018-2019
Page 3 description
Page 4 description
IV. ADDITIONAL SUPPORT Please list any in-kind donations provided (printing, promotional items, education materials) by any other organizations: Founding Board Member certified nutritionist and other community volunteers donate their time to teach mini-nutrition classes. She also donated the fresh fruit and vegetables.
V. ADDITIONAL COMMENTS Please share with us any additional comments: Thank you as always for your support. With out this support our very small non-profit would not be able to provide the much needed exercise and nutrition classes to our low-income San Pablo residents. From all of us at Weigh of Life thank you for your support.
VI. SIGNATURE
Ruth VASQUEZ-SonES, Executive Director
Name & Title
Authorized Signature & Date
Please mail this * financial report and * supporting documents to the address below. Document must be received in the City Manager's Office (postmarks NOT accepted) by Monday, April 1, 2019 at 6:00pm. Reporting criteria – single side document – 8 ½" x 11" 3 Page Financial Report

4 additional pages – Program/Event Attachments (if applicable)

City of San Pablo
City Manager's Department, Bldg. 1
13831 San Pablo Avenue
San Pablo, CA 94806
c/o FY 18-19 San Pablo Community Grant Program

INVOICE

Remit Payment To: WEST CONTRA COSTA UNIFIED

Facilities Use Office 1400 Marina Way South Richmond, CA 94804 DATE INVOICE NO
8/27/2018 2092

DUE DATE
8/28/2018

Contact:

Rina Prasad

Phone No: 510-231-1113

BILL TO

Weigh of Life

Beatriz Esqueda 210 Garvin Ave Richmond CA 94801

Sales Tax Exemption No.

Email

nail beatrizesqueda40@gmail.com

Phone No 510-367-0347

Fax No

FEIN

COMMENT

Please make payments in full

DEPOSIT DOCUMENT NUMBER PO NUMBER TERMS

\$0.00 150021 Due 10 Days prior to event

Schedule ID:

150021

Location:

Helms

Area:

Room(s):

Cafeteria/MPR

Building(s):

Event: 1/7/2019	6:30PM - 7:30PM	Weigh of Life Zumba Clases				The state of the s
Quantity Descr	iption	Hours	Rate	Amount	Tax Amount	Total
58 Renta	Fee	1	\$10.00	\$10.00	\$0.00	\$580.00
58 Mainte	enance and Utility Fee	1	\$4.00	\$4.00	\$0.00	\$232.00
1 Permi	Fee	1	\$22.00	\$22.00	\$0.00	\$22.00
		Event Total	Costs	\$36.00	\$0.00	\$834.00

Note: * indicates Alternate Event Printed: 8/27/2018 8:57:00 AM

INVOICE

Remit Payment To: WEST CONTRA COSTA UNIFIED

Facilities Use Office 1400 Marina Way South Richmond, CA 94804 DATE INVOICE NO 8/27/2018 2091 DUE DATE 8/28/2018

Contact: Rina Prasad
Phone No: 510-231-1113

BILL TO

Weigh of Life

Beatriz Esqueda 210 Garvin Ave Richmond CA 94801

Sales Tax Exemption No.

Email

ail beatrizesqueda40@gmail.com

Phone No 510-367-0347

Fax No

FEIN

	COMMEN	IT		
Please submit updated	insurance information. Make p	ayments in full		
DEPOSIT	DOCUMENT NUMBER	PO NUMBER	TERMS	
\$0.00		150020	Due 10 Days prior to even	

Schedule ID:

150020

Location:

Helms

Area:

Room(s):

Cafeteria/MPR

Building(s):

Event: 9/5	5/2018		30PM Weigh of	Weigh of Life Zumba Clases				
Quantity	Description		Hours		Rate	Amount	Tax Amount	Total
39	Rental Fee		1	1 \$	10.00	\$10.00	\$0.00	\$390.00
39	Maintenance	and Utility Fee	1	i	\$4.00	\$4.00	\$0.00	\$156.00
1	Permit Fee		1	1 \$	22.00	\$22.00	\$0.00	\$22.00
			Event To	tal Co	sts	\$36.00	\$0.00	\$568.00

Note: * indicates Alternate Event Printed: 8/27/2018 8:29:21 AM