City of San Pablo

Recognizing

September 2024 as Suicide Prevention Awareness Month and September 8, 2024 as 988 Day

WHEREAS, The City of San Pablo recognizes September 2024 as Suicide Prevention Awareness Month shedding light on those suffering with depression or other mental or behavioral health issues; and

WHEREAS, The City of San Pablo recognizes September 8, 2024 as first-ever 988 Day dedicated to spreading awareness of the 988 Suicide & Crisis Lifeline and emphasizing the importance of mental health support; and

WHEREAS, suicide is a human tragedy that transcends socioeconomic status, age, gender, and ethnicity; and

WHEREAS, suicide is the ninth leading cause of all deaths in the United States and the second leading cause of death among individuals between the ages of 10 -14 and 25 - 34 and takes the lives of nearly 50,000 Americans every year; and

WHEREAS, suicide has an everlasting impact on the survivors who are left to process the loss of their loved one and who are at an increased risk of suicide themselves; and

WHEREAS, suicide prevention efforts should be developed and encouraged to the maximum extent possible; and

WHEREAS, suicide is preventable through increased knowledge about warning signs, timely intervention, and by limiting access to lethal means for those at risk; and

WHEREAS, the City of San Pablo calls to action the Health Services Department, public officials, private health providers and hospitals, community-based organizations, faith-based organizations, and individuals within our communities to educate and take action to address this devastating public health issue; and

WHEREAS, in September 2024, the City of San Pablo calls to action reducing suicide through education, increasing awareness of knowing the warning signs, and implementing trainings to equip people with the tools needed to help others who consider suicide; and

NOW, THEREFORE, BE IT RESOLVED THAT the City of San Pablo hereby recognizes September 2024 as Suicide Prevention Awareness Month and September 8, 2024 as 988 Day and encourages citizens to join in this important observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of San Pablo to be affixed this 7th day of October, 2024.

Patricia Ponce, Mayor