



## Richmond High School

Lead Agency: Familias Unidas

### **2024-25 Community School Demographic Information**

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**Number of Youth who benefitted from the SPBSCI:** 1,280

**Number of Students enrolled in SPBSCI programs:** 20

### **Community School Highlights**

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The City of San Pablo granted program funding to one community-based organization, Familias Unidas. The Familias Unidas counselors provided one-on-one counseling and case management services to Richmond High students. They also provided group therapy and wellness group options.



### **Youth Survey Highlights**

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100% of youth respondents felt safe.

100% of youth respondents felt like there was an adult who cares about them.

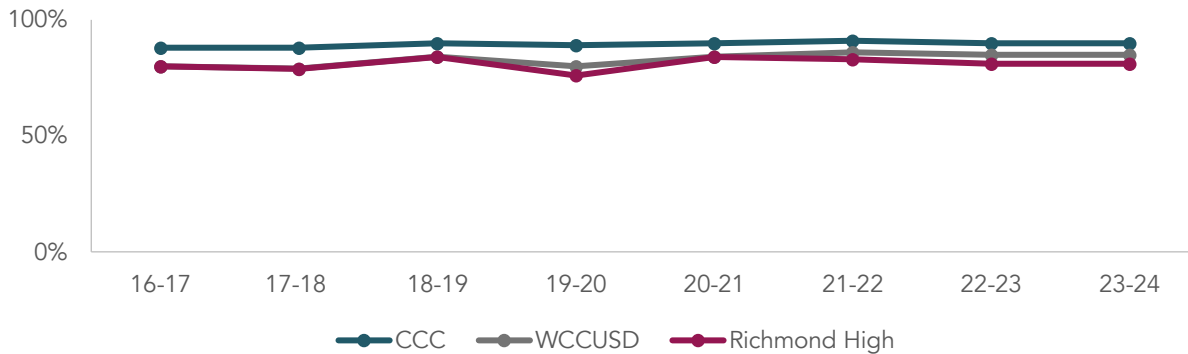
100% of youth respondents care about school.



## About Richmond High School

Richmond High School is the designated high school for youth in San Pablo. In the 2023-24 school year, the school served 1,280 students, about half of whom are San Pablo residents. Richmond High School’s graduation rate has increased in the past decade from 80% in the 2010-11 school year, to a high of 89% from 2013-15, followed by a decline to 81% in 2023-24. The change in graduation rates over time largely mirrors the district and county trajectories.

Figure 1: **Richmond High School** graduation rates have increased and followed **Contra Costa County (CCC)** and **District (WCCUSD)** trends over time.



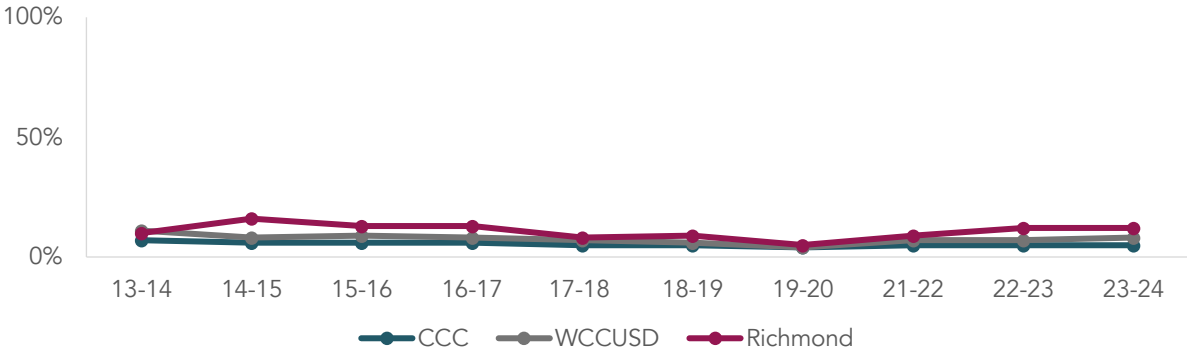
Source: 4-year Graduation Rate data retrieved from: <http://data1.cde.ca.gov/dataquest/> July 2025.

The City works to support the District’s Positive School Climate Policy, which includes efforts to reduce suspension rates. Over the past nine years, suspension rates across Richmond High School have decreased from 13% in the 2011-12 school year to 5% in 2019-20.<sup>1</sup> This decrease generally

<sup>1</sup> Suspension data retrieved from: <http://data1.cde.ca.gov/dataquest/>. Graduation data for the 2024-2025 school year is not currently available.

follows grade nine through twelve trends at the county level. There were zero suspensions in the 2020-21 school year due to pandemic-related distance learning. From 2021-2022 to 2023-2024, Richmond High's suspension rate rose from 9% to 12%.

Figure 2: **Richmond High School's** suspension rates have kept pace with **Contra Costa County (CCC)** and **District (WCCUSD)** trends over time.



Source: Suspension rate data retrieved from: <http://data1.cde.ca.gov/dataquest/> July 2025. Suspension data for the 2024-2025 is not currently available.

## Youth Outcomes

San Pablo Beacon Community Schools Initiative programs are rooted in positive development practice. Youth survey data suggest programs are helping youth build personal and social competencies.

### Youth felt empowered and supported.

| Survey Item  | My Program |
|--|------------|
| I feel safe in this program.                         | 100%       |
| This program has helped me to stay away from fights. | 100%       |
| This program has helped me to try harder in school.  | 100%       |
| I like this program.                                 | 100%       |

### Youth developed social competencies.

| Survey Item  | My Program |
|--|------------|
| In this program the adults care about me.                          | 100%       |
| In this program I can go to an adult for advice.                   | 100%       |
| In this program I learn how to work out my problems.               | 100%       |
| This program has helped me to say 'no' to things I know are wrong. | 100%       |

### Youth demonstrated commitment to learning.

| Survey Item                                | My Program |
|--|------------|
| In this program I learn how to make goals. | 100%       |



| Survey Item  | My Program |
|--|------------|
| This program has helped me to care more about my school.   | 100%       |
| This program has helped me to pay attention in class more. | 100%       |
| This program has helped me to like school more.            | 100%       |
| I know what college is.                                    | 72%        |
| I want to go to college.                                   | 83%        |

Source: Youth Survey data, n = 22, August 2025. Surveys are from programs directly funded by the SPBCSI or led by a Beacon Director. This represents a subset of the total programs offered at the school.

## Youth Programming

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### Youth Matters

- Richmond High offered individual, family, and group therapy, along with case management, advocacy, and crisis intervention for students in need.

### Grupo de Mujeres

- Grupo de Mujeres was a Spanish-language group therapy program for young Latinas experiencing depression, providing support, coping skills, and a safe space to share their stories.
- 20 students participated
- “[I like how] they make me feel and help me understand my problems and give me a solution.” - Youth

## Program Description

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### Familias Unidas

Familias Unidas has provided services at Richmond High School for more than a decade. Two Familias Unidas therapists provided mental health counseling and services to students. These counselors provided support in connecting students and families to requested resources. Students this year struggled with depression, anxiety, and overall unrest due to the political climate and threat to their immigrant community.

The Familias Unidas counselor also hosted a Girls Group (Grupo de Mujeres) for the third year in a row. This group helped adolescent girls who experienced past trauma or violence to share their emotions and experiences while building coping skills to self-manage anger. This group helped these students not feel like they were alone. Students also learned how to self-regulate, build self-confidence, and identify growth areas in their wellness journey.

*“[The Girls Group] is a place where girls will come in and talk about their insecurities. They will talk about their depression, their anxieties, things that worry them. It's facilitated by a clinician that helps support their mental health needs, that gives them psychoeducation and encourages them to communicate with each other in a respectful and effective way.*

*[The Girls Group helps] these girls will not feel alone with what they're feeling.”*

*- Familias Unidas Counselor*

## Lessons Learned

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At the close of the interviews, the Familias Unidas Counselor reflected on their experience from the past year.

*“Every student is an individual that comes in with what can be depression or anxiety, but the stresses are different, the environment is different, and I think that's a good thing. It's difficult to do, but I think once you've done it plenty of times, you know how to juggle these things and it doesn't become as difficult anymore.”* - Familias Unidas Counselor

## Plans for Next Year

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Familias Unidas also took time to share their plans for the coming school year.

- Create a supportive parent's group to address adolescent mental health needs

